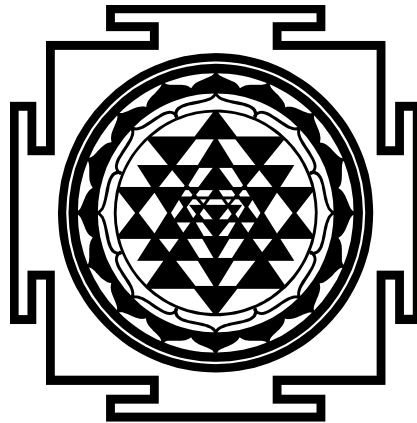


MEDITATION

A SILENT WEEKEND RETREAT

FRIDAY MARCH 23rd to SUNDAY MARCH 25th 2018



PRESENTED BY THE BRISBANE THEOSOPHICAL SOCIETY AT THE
THEOSOPHICAL EDUCATION AND RETREAT CENTRE, 2184 SPRINGBROOK RD,
SPRINGBROOK, QLD, 4213.

We invite you to join us in the tranquillity of this lovely bushland setting, for a weekend of meditation. Whether you are a beginner or a long-term practitioner, this retreat offers the opportunity to experience the beneficial effects of meditation, in the company of like-minded people. With gentle guidance from our facilitator, Rod Bucknell, you will learn how to make meditation an integral part of your life. To facilitate your practice, silence will be observed from first thing Saturday until after lunch on Sunday. You will have a private room, and all meals are vegetarian. The cost is a total of \$190.

To **REGISTER**, we need a completed Registration Form (see below) and your payment.

Payment Options :-

By Post – send cheque and Registration Form to The Secretary, Theosophical Society, 355 Wickham Terrace, Brisbane 4000. Cheques payable to: Brisbane Theosophical Society.

By EFT – Account Details - Bank of Queensland, Account Name, Brisbane Theosophical Society, BSB # 124030, ACCOUNT # 10010157 email receipt for payment and Registration Form to brisbanelodge@theosophyqld.org.au

In Person – by cheque, cash or EFTPOS during opening hours - Monday to Friday, 10.30am to 2.30pm, Wednesday 6.30pm to 7.25pm.

PLEASE NOTE: You must provide a completed form and payment (either deposit or full amount) to be registered. **Closing date for registration: Thursday March 15th.**

Specific enquiries about the meditation aspect of the weekend can be directed to our facilitator Rod Bucknell on 3378 0425. All other enquiries should be directed to Phillipa on 0449 887 609 or email brisbanelodge@theosophyqld.org.au

What to bring: Please bring your own single-bed linen, towel, etc. to help us minimise costs. You may also wish to bring a meditation cushion and blanket. A track suit (or similar), joggers, an umbrella, insect repellent and a torch could also be handy.

Note: Deposit not refundable after registration closing date. Room allocation begins 4:30 pm Friday. Retreat ends mid-afternoon Sunday. Meals are vegetarian. Please advise secretary on 0449 887 609 by close of registration (Thur 15th March), if you need a late dinner or no dinner on Friday. The Centre is an alcohol & smoke-free zone.

How to get there: The road to Springbrook via Mudgeeraba has been closed since March 2017. There are signs on the Highway indicating the turnoff at Exit 69 at Nerang, take the Nerang-Murwillumbah Road, go about 20k, then take a left turn into Pine Creek Road which will take you up to Springbrook. Turn right at the top into Springbrook Road, and further along you will see a modest sign indicating the Theosophical Education and Retreat Centre on your right at 2184 Springbrook Road.

✂ *please detach* _____

REGISTRATION FORM

RETREAT MARCH 2018

NAME

ADDRESS POSTCODE

PHONE..... MOBILE..... E-MAIL.....

EMERGENCY CONTACT (Name)..... (Ph).....

DO YOU NEED TRANSPORT TO SPRINGBROOK? YES NO

SPECIAL DIETARY NEEDS (e.g. vegan, gluten-free)

IF ARRIVING AFTER 6 PM ON FRIDAY, PLEASE INDICATE APPROXIMATE TIME & WHETHER YOU WILL REQUIRE DINNER

I ENCLOSE DEPOSIT OF \$90 **OR** FULL COST OF RETREAT \$190

SIGNATURE..... DATE
